



Badin High School



# Junior Rams Wrestling

2018 - 2019



Are you interested in learning about the world's OLDEST SPORT?  
Are you interested in helping your child grow as a young person?

## **JR. RAMS WRESTLING INFORMATION NITE at Badin High School!**

Students in Grades 1-6 will make up the Jr Rams Wrestling  
Students in Grades 7 & 8 will be part of the Junior High Program

➤ **TUESDAY OCTOBER 16, 2018** ◀

*6:00 – 7:15 pm in the Wrestling Room in the PFAC*

Jr Rams Practices will be held Tuesday and Thursday evenings throughout the season. Specific times TBA.  
Junior High Practices will be held Monday – Thursday evenings throughout the season. Specific times TBA.

\$75 / WRESTLER (discount for families with multiple wrestlers)

**\*\*All fees are due by the end of the first practice on Thursday November 8, 2018\*\***

☆

IF YOU CANNOT ATTEND ON OCT 16<sup>th</sup>

Or

IF YOU HAVE EXPERIENCE AND WOULD LIKE TO VOLUNTEER  
PLEASE CONTACT ME AT THE EMAIL ADDRESS BELOW!

*Questions*

Coach Dave Helms at [dghelms@msn.com](mailto:dghelms@msn.com) or 513-266-5166



*"Wrestling is a team sport, and an individual sport all rolled into one."* -William Baldwin